



European Campus
of City-Universities

Virtual Institute for Good Health and Well-Being

GLADE seminar – Mirrors of Good Health and Well-being for all

Session: Well-being and Healthy Ageing

Associate professor Cornelia Măirean

Department of Psychology

Alexandru Ioan Cuza University of Iași, Romania



Professional experience

PhD in Psychology from 2013

Associate professor habil

Alexandru Ioan Cuza University of Iasi,
Department of Psychology



ALEXANDRU IOAN CUZA
UNIVERSITY of IAȘI



FACULTATEA de
PSIHOLOGIE și ȘTIINȚE
ale EDUCAȚIEI

Teaching activities

Projects

Bachelor

- Computerized data analysed
- Psychodiagnosis of aptitudes
- Research methodology
- Experimental Psychology

Master

- Developing psychological tests
- Trauma, resilience, and posttraumatic growth

- European Campus of City Universities, *The EC2U GLADE Virtual Institute*
- *Preventive strategies in road traffic, Lifeline-lifelong well-being and healthy aging*
- *Scientific researcher: Transition to middle school (PN-III-P4-ID-PCE-2020-2963)*
- *Principal Investigator: Posttraumatic stress at victims of road traffic accidents (PN-III-P1-1.1-PD2016-0902)*

Research main interests



- Factors related to health protective behaviors during COVID-19 pandemic
- SWB and academic succes in university students, in the context of stress generate by the online education
- PTSD and posttraumatic growth/ PWB
- Wellbeing and quality of life in context of daily challenges and major life events